# **BALMAIN LITTLE ATHLETICS - DECEMBER NEWSLETTER 2011**

### STATE RELAY CHAMPIONSHIPS

Congratulations to all athletes who competed so well at the Little Athletics State Relay Championships. Saturday started out in very wet and miserable conditions, although the weather improved throughout the weekend.

Thank you to all the parents that attended and supported the teams. A huge thank you to Kim Gane (Ethan Brouw's mother) who took the place of a sick Meagan Mannix to train the track teams and to Tim Batho who acted as team manager and ensured the weekend proceeded smoothly.

Special mention to the U8 teams having their first experience at state relays. Both teams reached the finals with the boys (Samuel, Nicholas, Sam & Jackson) just missing out on bronze and U8 girls (Nona, Mischa, Tamara & Layla) running extremely well to place 5th. This championship is very competitive with teams participating from all over the state. To reach the finals is a great achievement. We are pleased to announce the following results:

| U8G 4 x 100         | 5th in final |
|---------------------|--------------|
| U8B 4 x 100         | 4th in final |
| U9G 4 x 100         | 5th in heat  |
| U9B 4 x 100         | 5th in heat  |
| U9B 25P/2D          | 9th          |
| U10G 4 x 100        | DQ           |
| U10B 2LJ/2HJ        | 5th          |
| U10B 25P/2D         | 11th         |
| U11G 4 x 100        | 7th in final |
| U11B 4 x 100        | 6th in final |
| $U11M 4 \times 400$ | 5th in final |
| JnrB 4x800          | 6th in heat  |
| U12G 2LJ/2HJ        | 13th         |
| U12B 2LJ/2HJ        | 10th         |
| U13G 4 x 100        | 8th in final |
|                     |              |
| U13B 2LJ/2HJ        | 6th          |
| U13M 4 × 400        | 4th in final |

**ZONE CHAMPIONSHIPS, ES Marks, Kensington - 28 and 29 January 2012** The Zone championships is the pathway to the Regional Championships and the Little Athletics State Track & Field Championships.

If you have been placing in the top 2 in an event/s at Saturday competition, we encourage you to enter those events at the Zone championships. Additionally, we would also like to see those athletes that were selected to represent Balmain at the recent state relay championships, participating in the zone championships.

Please note Balmain presently has no selection criteria for the zone championships and welcomes any athlete in the U7-U17's. If you are unsure whether to participate, perhaps consider entering just 1 event to gain the experience of running on a tartan track and with other clubs.

# **BALMAIN LITTLE ATHLETICS - DECEMBER NEWSLETTER 2011**

We are able to enter 4 athletes per event. The athlete with the higher club result will take precedence if more than 4 entries are received.

Entries can be made between 9 and 11am at the oval on 3 and 10 December only. More information on our website.

#### ZONE VOLUNTEER ROSTER

Balmain has been rostered on for Long Jump duty. We also had this duty last year. We will require a parent from every child (except U7's) entered to do a duty.

A roster will be organised and included in the January newsletter.

#### NEW RECORDS

Congratulations to the following athletes who have broken records since the last newsletter: Tiarna Mason U13 girls 1500m - 5m38.83 Angus Beer U10 boys 800m - 2m43.70

#### CHRISTMAS BREAK

The committee would like to wish all athletes and parents a very happy Christmas and New Year.

Please note our last competition day for 2011 is 17 December and we start again on the 14th January 2012. Training will re-commence on Tuesday, 17 January.